

Everything you need to  
know about Touchstone's

# Community Support Team





Touchstone makes a difference to the lives of people, working together with them to improve their health and wellbeing.

The Community Support Team works with people who have complex mental health needs.

A Support Worker will enable you to identify your strengths, set goals and achieve them.



The Community Support Team will enable you to

- Focus on your strengths and achievements.
- Improve your confidence and independence.
- Identify things you want to do to improve your life and achieve them.
- Give you more choice.
- Increase your social networks.

# What does the Community Support Team offer?

- Regular visits from members of the team.
- You can choose to get involved in group activities eg sports, cooking, socialising.
- We have a resource centre with a laundry, shower, gym and kitchen.

Some people get support for a few months, others may access the service for a few years.



Touchstone needs to carefully consider whether you are suitable for this service.

You should complete a referral form. We can help you to do this.

Please telephone us **0113 216 2792**

Or download a referral form from the Community Support Team page of our website  
**[www.touchstonesupport.org.uk](http://www.touchstonesupport.org.uk)**

We will let you know of our decision within two weeks of getting your completed form.

## Get involved

The Community Support Team has developed because we talk to you and listen to what you want and need. We will continue to do this.

If you want to get involved there are many ways of doing this, including coming along to the service user involvement forum.

A member of the team can explain about service user involvement at Touchstone.



**To benefit from the  
service you must be**

**Aged 18+**

**Live in Leeds**

**Have complex mental  
health needs**

**Have found that other  
mental health services  
are not right for you**



## Get in Touch

Community Support Team  
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Buslingthorpe Lane  
Leeds  
LS7 2DB

Tel: 0113 216 2792

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