

# What to do about abuse

A Touchstone guide to safeguarding



# What is abuse?

Any of the following may be considered abuse. If you experience or witness behaviour like this, please let us know about it.

Physical  
attacks

Unwanted  
sexual  
advances

Threats or  
insulting words

Taking  
somebody's  
money or  
possessions

Racism

Sexism

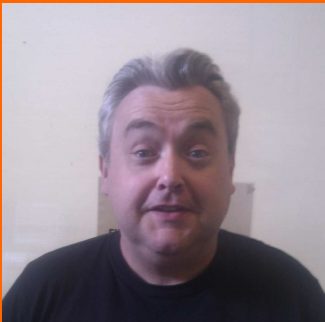
Making fun of  
somebody's  
disability or  
mental health  
conditions

Pressuring  
somebody to  
do things they  
don't want to

# Who to talk to

To let us know about abuse, you can:

- Talk to your support worker or their manager
- Or contact John White or Alison Lowe on 0113 271 8277



- If you'd prefer to talk to somebody outside Touchstone, phone Leeds Council Social Care on 0113 222 4401
- Or, if you believe a crime has been committed, call the police on 101

# Once you tell us about abuse...



Staff will help  
people to feel safe.

Touchstone and  
Leeds Adult Social Care will  
look into things in a  
sensitive way.

We'll let you know what  
changes we're going to  
make in order to stop further  
abuse.

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0113 271 8277**